

Cancer Resources

This document is an alphabetical list of various resources that are available for you both online and in our community. A Patient Navigator is also available to meet with you in person to help you find the right resources for you by calling 1-415-925-7010, ext. 6195.

CAREGIVING

- **CaringBridge.org**
Update family and friends on a patient's care through website and email updates
www.caringbridge.org
- **Family Caregiving Alliance***
415-434-3388
www.caregiver.org
(Also available in Chinese)
- **Lotsahelpinghands.org**
Create a personalized calendar where family and friends can sign up to help with tasks such as housecleaning, meal delivery and rides
www.lotsahelpinghands.org

EMOTIONAL SUPPORT

- **American Cancer Society (ACS): 1-888-227-6333**
Reach to Recovery Transportation Assistance Program, Lodging resources, Education and Information, Support and Financial resources
- **CancerCare: 1-800-813-HOPE (4673)**
Telephone support for patients by Oncology Social Workers.
www.cancercare.org
www.cancercare.org/espanol
- **MD Anderson Network**
A national telephone peer-to-peer support network.
1-800-345-6324
www.mdanderson.org

FINANCIAL ASSISTANCE

- **CancerCare:** 1-800-813-HOPE (4673)
Financial assistance programs and patient support.
www.cancercare.org
- **Cancer Care Copays**
Assists people who cannot afford insurance co-payments to cover the cost of medications for cancer treatment.
www.cancercarecopay.org
- **Cancer Financial Assistance Coalition**
www.cancerfac.org
- **Partnership for Prescription Assistance**
www.pparx.org

TRANSPORTATION

- **American Cancer Society (ACS) – Road to Recovery Program***
1-888-227-6333
www.cancer.org
(Also available in Asian and Pacific languages)
- **Whistlestop Wheels**
Transportation for Marin seniors (60+) and those who are disabled.
415-456-9062

INSURANCE

- **Disability Benefits 101***
Information on health coverage, disability benefits and employment programs.
Información sobre el seguro de salud, seguro de invalidez y los programas de empleo.
www.ca.db101.org
- **Medicare***
Information about Medicare and online application.
www.medicare.gov
- **Medi-Cal**
Includes information about Medi-Cal and online application.
www.medi-cal.ca.gov

INSURANCE (CONT.)

- **SDI- State Disability Income (short term disability income)**
Includes eligibility information, information, and online application.
www.edd.ca.gov
- **SDI- Información sobre discapacidad del estado***
http://www.edd.ca.gov/Informacion_General_en_Espanol.htm
- **Social Security and SSDI* (long term disability income)**
Social Security Disability Income
www.ssa.gov

INTEGRATIVE SERVICES

- **Center for Integrative Health & Wellness**
Nutrition counseling, Exercise counseling, Therapeutic massage, Acupuncture, Jin Shin Jyutsu Guided Imagery and other healing services.
415-925-7620

MARIN COUNTY RESOURCES

- **Marin Center for Independent Living***
Benefits counseling, advocates for disabled rights, financial assistance programs available.
415-459-6245
www.marincil.org

MEALS

- **Ceres Community Project of Marin**
Organic meals for those facing cancer and other illnesses.
www.marin.ceresproject.org
- **General Assistance (CalFresh/ Food Stamps)***
Information and online application.
Multiple languages available on website.
415-473-3400
www.c4yourself.com
- **Meals on Wheels**
Home delivered frozen meals available seven days a week
415-507-4300

WORKPLACE

- **Cancer and Careers**
www.cancerandcareers.org
- **Equal Employment Opportunity Commission**
Questions and Answers about cancer in the workplace and the Americans with Disabilities Act (ADA)
www.eeoc.gov/facts/cancer.html

SURVIVORSHIP

- **American Society of Clinical Oncology** - Online survivorship care plans
www.cancer.net/survivorship
- **Impotence Specialists**
www.impotencespecialists.com
- **LIVESTRONG Survivor Care**
www.livestrong.org
- **My Journey Forward**
Online survivorship care plan
www.journeyforward.org
- **National Comprehensive Cancer Network: Life After Cancer**
www.nccn.com/life-after-cancer
- **National Coalition for Cancer Survivorship**
www.canceradvocacy.org