Jin Shin Jyutsu facilitates the body’s profound healing capacity by balancing energy. Jin Shin Jyutsu treatments support the body, mind, and spirit through non-invasive, gentle touch that is administered while the individual is fully clothed. While similar to acupuncture and acupressure, Jin Shin Jyutsu does not use needles, pressure, or rubbing.

**Jin Shin Jyutsu can help:**
- Reduce fatigue
- Increase energy
- Support each body’s unique healing potential
- Support and complement other medical treatments
- Improve bodily functions
- Promote a sense of balance and harmony in body, mind, and spirit

Individuals will also learn simple self-help treatments during their session to support healing at home.

Corliss Chan is a seasoned certified practitioner of Jin Shin Jyutsu and Acupressure. Corliss has a special interest in inspiring people to actively participate in their own health and healing.

**Get a personal introduction to Jin Shin Jyutsu!**

**One-on-one sessions are available for $80. To schedule or get more information, call 1-415-925-7620.**

Payment is due at the time of your service. (Scholarships are available for Marin General Hospital Cancer Institute patients in need of financial assistance.)

**Or try a FREE Introductory Group Seminar**

**WHEN:**
2nd Monday of every month
Excludes Marin General Hospital holidays.

**TIME:**
1:00 pm – 2:00 pm

**LOCATION:**
Health Resource Center
1350 South Eliseo Drive, 1st Floor
Greenbrae, CA 94904

**PRACTITIONER:**
Corliss Chan, CMT

**RSVP SUGGESTED:**
1-888-99-MY-MGH (1-888-996-9644)
Drop-ins will be accommodated if space is available.