



MARIN
GENERAL
HOSPITAL

Our home. Our health. Our hospital.

2011 Integrative Oncology Speaker Series

LEARN FROM LEADERS IN ONCOLOGY, MIND-BODY MEDICINE AND INTEGRATIVE THERAPIES TO HELP SHAPE YOUR OWN HEALTH PLAN

May 25

Laughter Yoga: Laughter is the best medicine
Teresa Corrigan, RN, CLYT

June 22

Jin Shin Jyutsu: Acupressure points for relaxation and health
Corliss Chan, CMT

July 20

Stretching, Rollers and Restorative Yoga
Dina Griffith, PT

August 17

Psychoneuroimmunology: The science behind the mind and body
Deborah Bolton, RN, MN, CNS, FNP and Susan Ezra, RN, HN-BC

September 21

Therapeutic Touch: The role of massage for optimal health
Mindy Zimmerman, NCTMB, CMT

October 12

Special Breast Cancer Awareness Month special presentation
Red Sunshine: A breast cancer pathologist learns from life on the other side of the microscope
Kimberly H. Allison, MD

November 9

The Healing Effects of Music and Sound
Lindsey Beaven, MFT

December 7

Art and Imagery: Tools for healing
Astrid Mackwitz, Art Therapist

LOCATION:

Marin Cancer Institute
1350 S. Eliseo, Greenbrae

DATE/TIME: Wednesdays, 5:30-7:00pm

PLEASE RSVP at 925-7787

Marin General Hospital's
Center for Integrative Health & Wellness

Offering in-hospital services at Marin General Hospital and out-patient services at 1350 S. Eliseo, Greenbrae, CA