



The New Father Class

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This class gives the new father or father to be practical information aimed at increasing self confidence in handling the newborn and gaining insight into new baby behavior.

Facilitated by Pediatrician, Michael Yamaguchi MD, this casual open environment fosters discussions regarding changing roles, work/family balance and other challenges a new dad may experience. The class covers hands on skills such as changing a diaper, soothing an infant, interpreting a baby's cry and the father's role in breastfeeding.

Dates: January 20
 March 17
 May 19
 July 21
 September 15
 November 17

Time: 7:00 pm - 9:00 pm

Location: Marin General Hospital
 250 Bon Air Road, Greenbrae
 (Magnolia Room)

To register call
888-99-MY-MGH
(888-996-9644)!