

Cancer Resources

This document is an alphabetical list of various resources that are available for you both online and in our community. A Patient Navigator is also available to meet with you in person to help you find the right resources for you by calling 1-415-925-7010, ext. 6195.

Caregiving

CaringBridge.org

Update family and friends on a patient's care through website and email updates www.caringbridge.org

Family Caregiving Alliance

1-415-434-3388

www.caregiver.org (Also available in Chinese)

Lotsahelpinghands.org

Create a personalized calendar where family and friends can sign up to help with tasks such as housecleaning, meal delivery and rides

www.lotsahelpinghands.org

Emotional Support

American Cancer Society (ACS): 1-888-227-6333

Reach to Recovery Transportation Assistance Program, Lodging resources, Education and Information, Support and Financial resources

CancerCare: 1-800-813-HOPE (4673)

Telephone support for patients by Oncology Social Workers.

www.cancercare.org

www.cancercare.org/espanol

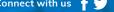
MD Anderson Network

A national telephone peer-to-peer support network.

1-800-345-6324

www.mdanderson.org

Integrative Wellness Center 1350 South Eliseo Drive, Suite 120, Greenbrae, CA 94904 1-628-336-7689 | www.mymarinhealth.org/wellness





Financial Assistance

CancerCare: 1-800-813-HOPE (4673)

Financial assistance programs and patient support.

www.cancercare.org

Cancer Care Copays

Assists people who cannot afford insurance co-payments to cover the cost of medications for cancer treatment. www.cancercarecopay.org

Cancer Financial Assistance Coalition

www.cancerfac.org

Partnership for Prescription Assistance

www.pparx.org

Transportation

American Cancer Society (ACS) - Road to Recovery Program

1-888-227-6333

www.cancer.org

(Also available in Asian and Pacific languages)

Whistlestop Wheels

Transportation for Marin seniors (60+) and those who are disabled.

1-415-456-9062

Insurance

Disability Benefits 101

Information on health coverage, disability benefits and employment programs.

Informaciónsobre el seguro de salud, seguro de invalidez y los programas de empleo.

www.ca.db101.org

Medicare

Information about Medicare and online application.

www.medicare.gov

Medi-Cal

Includes information about Medi-Cal and online application.

www.medi-cal.ca.gov

Insurance (cont.)

SDI—State Disability Income (short term disability income)

Includes eligibility information, information, and online application. www.edd.ca.gov

SDI—Información sobre discapacidad del estado

www.edd.ca.gov/Informacion_General_en_Espanol.htm

Social Security and SSDI (long term disability income)

Social Security Disability Income

www.ssa.gov

Triage Cancer

Provides education and information on the practical and legal issues that can impact cancer patients —from insurance navigation to workplace rights to understanding how national and state laws impact your ability to access care.

www.triagecancer.org

Integrative Services

Integrative Wellness Center

Nutrition counseling, therapeutic massage, acupuncture, Jin Shin Jyutsu, and other healing services. 1-628-336-7689

Marin County Resources

Marin Center for Independent Living

Benefits counseling, advocates for disabled rights, financial assistance programs available.

1-415-459-6245

www.marincil.org

Meals

Ceres Community Project of Marin

Organic meals for those facing cancer and other illnesses.

www.marin.ceresproject.org

General Assistance (CalFresh/ Food Stamps)

Information and online application. Multiple languages available on website.

1-415-473-3400

www.c4yourself.com

Insurance (cont.)

Meals on Wheels

Home delivered frozen meals available seven days a week 1-415-507-4300

Workplace

Cancer and Careers

www.cancerandcareers.org

Equal Employment Opportunity Commission

Questions and Answers about cancer in the workplace and the Americans with Disabilities Act (ADA) www.eeoc.gov/facts/cancer.html

Survivorship

American Society of Clinical Oncology—Online survivorship care plans

www.cancer.net/survivorship

Impotence Specialists

www.impotencespecialists.com

LIVESTRONG Survivor Care

www.livestrong.org

My Journey Forward

Online survivorship care plan www.journeyforward.org

National Comprehensive Cancer Network: Life After Cancer

www.nccn.com/life-after-cancer

National Coalition for Cancer Survivorship

www.canceradvocacy.org