

Stay Connected with Zoom Video Visits

To help you stay in touch with loved ones while hospital visitation is limited, we are using Zoom Video Conferencing. Patients can ask a nurse to set up a video conference for them. Or, if you are a friend or family member, you can call the patient's unit and our nursing team will set up a call.

How to Zoom

Make sure your device has Zoom software. Zoom runs best on a computer (Mac or PC) but it also works on tablets and smartphones.).

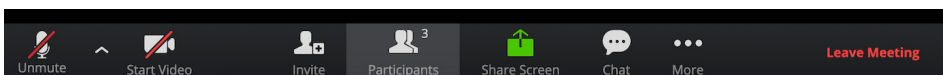
If you don't have a Zoom account, go to <https://zoom.us/download> and click **Download** under "**Zoom Client for Meetings**". The application will automatically download when you start your first Zoom Meeting. Once the installation completes, you will be put into a test meeting.

You can join your video conference one of two ways:

- Five minutes before your visit, click on the link in your invitation.
- Or, go to join.zoom.us and enter the Meeting ID provided to you by the medical staff. When prompted, type in the Meeting ID #.

Participant controls are located in the lower left of the Zoom screen:

- To test your audio, click on the **^ symbol** next to microphone icon on the control panel. Then, click on **Test Speakers & Microphone**.



- **Mute/Unmute** by clicking on the microphone at the far left
- Turn the camera on or off by clicking **Start/Stop Video**
- Click on **Invite** other participants to add someone to the conversation.
- Click on **Participants** to see who's on the call.
- Click on **Share Screen** to share your screen.

Contact with loved ones is important to recovery. We are doing all we can to facilitate interaction while visitation is limited due to the COVID-19 pandemic.

Unit Phone Numbers

Behavioral Health

1-415-925-7663

Cardiac Specialty Unit

1-415-925-7700

Intensive Care

1-415-925-7550

Maternity Care

1-415-925-7575

Medical Unit A

1-415-925-7615

Medical Unit B

1-415-925-7632

NICU

1-415-925-7600

Pediatrics

1-415-925-7625

Step-Down Care

1-415-925-7551

Surgical Pavilion

1-415-925-7800

